

# Your needs for a Brighter Future

#16+CAREERSWEEK

## Overview

Understand what support is available

- Discuss the needs of young people in preparing for next steps after school or college
- Understand how to handle change and transition to adulthood
- Summarise the range of support services available for young people and how to ask for help

## Objectives

- Have a wider understanding of the support available within Stockport
- Be able to identify signs of when you might need additional support
- Be able to identify at least three local providers who can offer support

## Resources

- Videos and Bitesize Bingo Sheets
- Extended Lesson Plan and PPT Slides
- Individual Activity - create a mood board to inspire the Future YOU
- Group Activity - research available support for young people and create a Support Services flyer
- Explore our other resources, videos and downloads



**16+ Careers Week**  
#BrighterFutures